

# FSC 2026: Session: 5: COACH evaluation sheet for TEAM: DMB

Coachinfo: Warming up from: 08:00 until 09:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Bussels Paolo HEADCOACH

Coaches: Melders Peter

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

**Event number: 25: 100M BACKSTROKE WOMEN** **Heat:6, starttime: 09:59**

**Heat: 6/8 Lane : 5 Athlete: BUSSELS FLEUR** **Q-time: 01:03:76**

**PB (50m pool): 01:03.76 Antwerpen 27/07/2025** **PB (25m pool): 01:01.11 SB: 01:06.71 Luxembourg 01/02/2026**

	<b>50 M</b>	<b>100 M</b>	
<b>PB</b>	00:30.89	01:03.76	
	00:30.89	00:32.87	
	.....	.....	

Coach feedback:

**Event number: 25: 100M BACKSTROKE WOMEN** **Heat:8, starttime: 10:03**

**Heat: 8/8 Lane : 4 Athlete: VANOTTERDIJK ROOS** **Q-time: 00:58:97**

**PB (50m pool): 00:58.97 Antwerp 09/02/2025** **PB (25m pool): 00:56.78 SB: no time**

	<b>50 M</b>	<b>100 M</b>	
<b>PB</b>	00:28.82	00:58.97	
	00:28.82	00:30.15	
	.....	.....	

Coach feedback:

**Event number: 26: 200M BREASTSTROKE MEN** **Heat:3, starttime: 10:12**

**Heat: 3/6 Lane : 2 Athlete: ORIS TIM** **Q-time: 02:34:86**

**PB (50m pool): 02:33.32 Antwerpen 27/07/2025** **PB (25m pool): 02:26.62 SB: 02:38.53 Genk 01/02/2026**

	<b>50 M</b>	<b>100 M</b>	<b>150 M</b>	<b>200 M</b>	
<b>PB</b>	00:33.97	01:12.56	01:51.49	02:33.32	
	00:33.97	00:38.59	00:38.93	00:41.83	
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Coach feedback:

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<b>Event number: 26: 200M BREASTSTROKE MEN</b>				<b>Heat:3, starttime: 10:12</b>	
<b>Heat: 3/6 Lane : 5 Athlete: SOENS ELIAS</b>				<b>Q-time: 02:33:02</b>	
PB (50m pool): 02:27.74 ANTWERPEN 30/07/2023			PB (25m pool): 02:21.43 SB: no time		
	<b>5 0 M</b>	<b>1 0 0 M</b>	<b>1 5 0 M</b>	<b>2 0 0 M</b>	
PB	no time	no time	no time	02:27.74	
	<i>no time</i>				
	.....	.....	.....	.....	

Coach feedback:

<b>Event number: 26: 200M BREASTSTROKE MEN</b>				<b>Heat:5, starttime: 10:18</b>	
<b>Heat: 5/6 Lane : 3 Athlete: VRANKEN BARTEL</b>				<b>Q-time: 02:22:57</b>	
PB (50m pool): 02:20.51 Luxembourg 01/02/2026			PB (25m pool): 02:14.14 SB: 02:20.51 Luxembourg 01/02/2026		
	<b>5 0 M</b>	<b>1 0 0 M</b>	<b>1 5 0 M</b>	<b>2 0 0 M</b>	
PB	00:31.11	01:07.28	01:43.99	02:20.51	
	<i>00:31.11</i>	<i>00:36.17</i>	<i>00:36.71</i>	<i>00:36.52</i>	
	.....	.....	.....	.....	

Coach feedback:

<b>Event number: 26: 200M BREASTSTROKE MEN</b>				<b>Heat:6, starttime: 10:21</b>	
<b>Heat: 6/6 Lane : 7 Athlete: METTEN VINCE</b>				<b>Q-time: 02:27:90</b>	
PB (50m pool): 02:26.48 Antwerpen 08/03/2026			PB (25m pool): 02:22.13 SB: 02:26.48 Antwerpen 08/03/2026		
	<b>5 0 M</b>	<b>1 0 0 M</b>	<b>1 5 0 M</b>	<b>2 0 0 M</b>	
PB	00:32.63	01:10.36	01:48.45	02:26.48	
	<i>00:32.63</i>	<i>00:37.73</i>	<i>00:38.09</i>	<i>00:38.03</i>	
	.....	.....	.....	.....	

Coach feedback:

<b>Event number: 28: 50M BUTTERFLY MEN</b>		<b>Heat:2, starttime: 10:33</b>			
<b>Heat: 2/10 Lane : 3 Athlete: ORIS TIM</b>		<b>Q-time: 00:27:89</b>			
PB (50m pool): 00:27.89 Genk 01/02/2026		PB (25m pool): 00:27.34 SB: 00:27.89 Genk 01/02/2026			
	<b>5 0 M</b>				
PB	00:27.89				
	<i>00:27.89</i>				
	.....				

Coach feedback:

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<b>Event number: 28: 50M BUTTERFLY MEN</b>		<b>Heat:2, starttime: 10:33</b>
<b>Heat: 2/10 Lane : 4 Athlete: VEESTRAETEN MATS</b>		<b>Q-time: 00:27:86</b>
PB (50m pool): 00:27.79 Antwerpen 21/04/2024		PB (25m pool): 00:27.66 SB: 00:29.23 Genk 01/02/2026
	<b>5 0 M</b>	
PB	00:27.79	
	00:27.79	
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Coach feedback:

<b>Event number: 31: 50M FREESTYLE WOMEN</b>		<b>Heat:5, starttime: 11:14</b>
<b>Heat: 5/7 Lane : 5 Athlete: BUSSELS FLEUR</b>		<b>Q-time: 00:26:33</b>
PB (50m pool): 00:26.33 Antwerpen 27/07/2025		PB (25m pool): 00:25.86 SB: 00:26.50 Luxembourg 01/02/2026
	<b>5 0 M</b>	
PB	00:26.33	
	00:26.33	
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Coach feedback:

<b>Event number: 31: 50M FREESTYLE WOMEN</b>		<b>Heat:6, starttime: 11:15</b>
<b>Heat: 6/7 Lane : 4 Athlete: VANOTTERDIJK ROOS</b>		<b>Q-time: 00:24:83</b>
PB (50m pool): 00:24.83 Antwerpen 27/04/2025		PB (25m pool): 00:24.14 SB: no time
	<b>5 0 M</b>	
PB	00:24.83	
	00:24.83	
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Coach feedback: